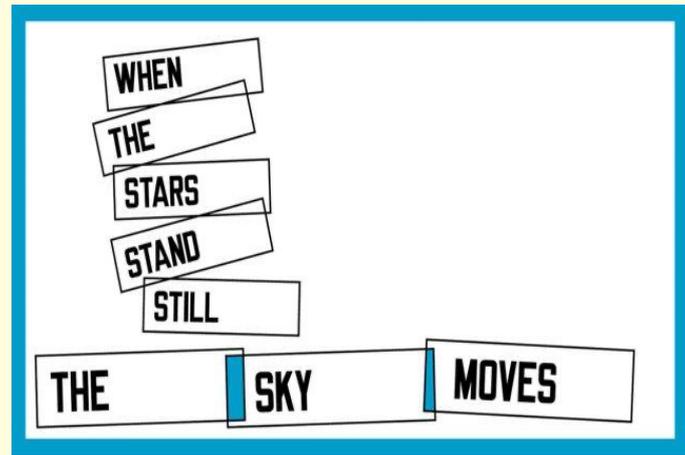


# ZEST at Home

## Storytellers



### ① Ways of words

**Activity:** Cut and assemble found words to build an idea, a poem or a short story

**Time:** 30 minutes (ish)

**You will need:**

A newspaper/magazine, paper, scissors, glue/tape and a hat!

**Suggested steps:**

1. **Take** a page of text from a newspaper or magazine
2. **Cut** lots of words out so they are in separate pieces.
3. **Select** the words for your poem/story. Choose them at random by placing them in a hat or be playful about your choices.
4. **Arrange** the words creatively on a piece of paper and stick it down.
5. **Give** it a title and take a photo if you can!

## Food for thought

### What is the Cut up technique?

The Cut up technique involves taking a piece of text, cutting it up and rearranging it to create a new piece of writing. It has been used by artists, poets and musicians throughout history!



Hythe Zest Assistant Susan made this wonderful collage in response to Week 2 activity sheet. Her collage with words inspired this week's activity!



**We have loved seeing your artworks and ideas from the past few weeks!**

Annelies and Malcolm from Hythe made this upbeat collage 'Life After Lockdown.' It has kept me feeling positive and inspired! Thankyou.



Anne in Hythe made a wonderful response to Week 2 Activity Sheet 'Dada Dioramas'. She used such an intriguing combination of materials and objects. A real feast for the eyes!



Thanks for taking part in this week's activity! We hope you enjoyed it.

Please continue to share pictures of your work to [zest@brightshadow.org.uk](mailto:zest@brightshadow.org.uk)

You will soon be able to find a gallery of all your wonderful works and more activities to have a go at from home by going to [www.myzest.org.uk](http://www.myzest.org.uk)